



NC United FC Adrenaline Auto-Injector (EpiPen) Policy

Document Creation Date: 18/12/2025 – V1.0

Purpose: The purpose of this document is to set out the Club's approach to the management and emergency administration of prescribed adrenaline auto-injectors (EpiPens) during football training sessions, matches, and club-organised events.

This policy aims to support the safeguarding and welfare of children by ensuring that clear, proportionate procedures are in place to respond appropriately to a suspected anaphylactic reaction. It clarifies the roles and responsibilities of parents/carers, coaches, and volunteers, and ensures that any action taken in an emergency is carried out in good faith, with the child's safety as the priority.

This document operates as an add-on to the Club's Safeguarding and Welfare Policies and aligns with FA guidance for grassroots football environments.

1. Policy Statement

The Club is committed to safeguarding the welfare of all children and young people and recognises the importance of having appropriate procedures in place to respond to medical emergencies. This policy sets out the Club's approach to the management and emergency administration of prescribed adrenaline auto-injectors (EpiPens) during football activities.

2. Scope

This policy applies to:

- All children registered with the Club who have been prescribed an adrenaline auto-injector
- Parents and carers of those children
- All coaches, volunteers, and officials involved in Club activities

This policy applies during:

- Training sessions
- Matches
- Tournaments and Club-organised events

3. Roles and Responsibilities

Parents / Carers

Parents or carers are responsible for:

- Providing the Club with an in-date, prescribed adrenaline auto-injector, clearly labelled with the child's name
- Completing a separate consent form for each individual auto-injector





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- Providing clear verbal instruction to the relevant coach or volunteer on the use of the prescribed auto-injector
- Informing the Club promptly of any changes to the child's medical condition or prescribed medication
- Ensuring replacement auto-injectors are provided when pens expire or are used

Coaches and Volunteers

Coaches and volunteers:

- Are not medical professionals
- Will act in good faith and in the best interests of the child in an emergency situation
- Will follow the instructions provided by the parent/carer and the manufacturer's guidance
- Will ensure that emergency services (999) are contacted immediately following the administration of an adrenaline auto-injector
- Will remain with the child until emergency services arrive
- Will report the incident in line with Club accident and incident reporting procedures

4. Storage and Accessibility

- Adrenaline auto-injectors must be clearly labelled and readily accessible during football activity
- The agreed storage location will be confirmed with the parent/carer
- The Club does not hold unassigned or communal adrenaline auto-injectors
- Responsibility for ensuring the auto-injector is present rests with the parent/carer

5. Emergency Response Procedure

In the event of a suspected anaphylactic reaction:

1. The child's prescribed adrenaline auto-injector will be administered without delay
2. Emergency services (999) will be contacted immediately
3. A second dose may be administered only where parental consent has been provided and a second prescribed auto-injector is available
4. Parents/carers will be contacted as soon as practicable

6. Training





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The Club does not provide formal medical training in the administration of adrenaline auto-injectors.

Administration is based on:

- Parent/carer instruction
- Manufacturer guidance
- Acting promptly and appropriately in an emergency

This approach reflects grassroots football environments and the FA's emphasis on child welfare and proportionate safeguarding measures.

7. Record Keeping and Review

- Consent forms and medical information are held securely and treated as confidential
- Consent is reviewed annually or sooner if circumstances change
- A new consent form is required for each replacement or additional auto-injector
- Any use of an adrenaline auto-injector is recorded in accordance with Club procedures

8. Safeguarding Context

This policy operates in conjunction with the Club's Safeguarding Policy, First Aid procedures, and FA Codes of Conduct. The Club is committed to providing a safe environment in which children can enjoy football, with appropriate measures in place to respond to emergencies.

Updated: 18/12/2025

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Approved by: NC United Committee

