



NC United FC First Aid & Medical Policy.

Document Creation Date: 18/12/2025– V1.0

1. Policy Statement

NC United Football Club is committed to safeguarding the welfare of all players and ensuring that appropriate first aid and medical arrangements are in place during football activities. The Club recognises its duty of care to players, while also being clear about the limits of the support it can provide.

This policy sets out the Club's approach to first aid provision, medical care, medication, and incident reporting in line with FA guidance.

2. Scope

This policy applies to:

- All players registered with NC United FC
- Coaches, volunteers, and team officials
- Training sessions
- Matches
- Tournaments and club-organised events

3. First Aid Provision

- NC United FC will ensure that at least one first aid-trained coach or volunteer is present at every training session and match
- First aiders are responsible for providing initial first aid support only
- Coaches and volunteers are not medical professionals and must act within the limits of their training and FA guidance

4. First Aid Equipment

The Club will ensure access to:

- A basic first aid kit
- Ice packs

In line with FA guidance:

- Coaches and volunteers must not apply plasters, creams, ointments, or medications
- First aid treatment will focus on immediate care, injury management, and escalation where required

An AED (defibrillator) may be available at some venues. Where available, its location should be identified prior to activity.





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5. Medical Conditions and Information

- Parents/carers are responsible for informing the Club of any medical conditions, allergies, or additional needs
- Relevant medical information must be recorded and kept up to date
- Reasonable adjustments will be considered in line with the Club's Equality, Diversity & Inclusion Policy

6. Medication

- Coaches and volunteers do not administer medication as part of routine care
- Medication will only be administered where prior written parental consent has been given
- Emergency medication (such as adrenaline auto-injectors) will be administered in line with the Club's medical consent procedures and safeguarding policies
- Parents/carers remain responsible for ensuring medication is provided, in date, clearly labelled, and accessible

7. Emergency Procedures

In the event of a serious injury or medical emergency:

1. First aid will be provided within the limits of training
2. Emergency services (999) will be contacted immediately where required
3. Parents/carers will be informed as soon as practicable
4. The Club Welfare Officer will be notified

The welfare of the child will always take priority.

8. Accidents and Incident Reporting

- All accidents and injuries must be recorded using the Club's incident/accident report form
- Serious incidents must be reported to the Club Welfare Officer without delay
- Where appropriate, incidents may be referred to the County FA or other relevant authorities

9. Roles and Responsibilities

Coaches and Volunteers





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- Ensure first aid cover is in place before activity begins
- Act within the limits of training and FA guidance
- Follow emergency procedures
- Record and report incidents appropriately

Parents and Carers

- Provide accurate and up-to-date medical information
- Supply any required medication
- Inform the Club of any changes to medical needs

10. Safeguarding Context

This policy operates alongside:

- Safeguarding Children Policy
- EpiPen / Medical Consent Procedures
- Equality, Diversity & Inclusion Policy
- Complaints & Disciplinary Policy

All actions taken will be in the best interests of the child.

NC United FC Commitment

NC United FC is committed to providing a safe football environment where medical needs are taken seriously, responsibilities are clear, and children can participate in football safely and confidently.

Updated: 18/12/2025

Review Date: 18/12/2026

Approved by: NC United Committee

